

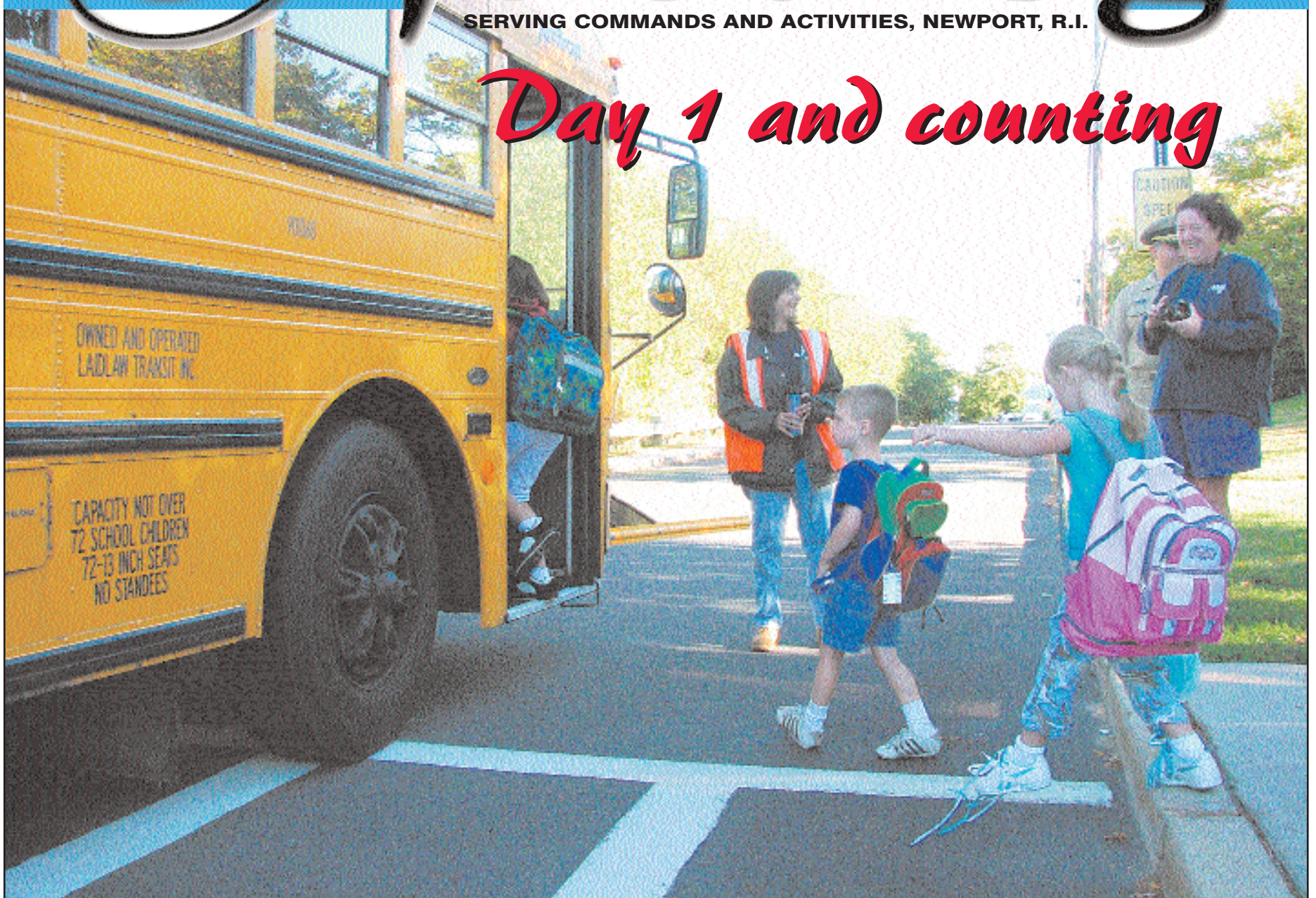
The Newport

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Navalog

SERVING COMMANDS AND ACTIVITIES, NEWPORT, R.I.

Day 1 and counting



Richard Alexander/U.S. Navy photo

NAVY FAMILY member and Grade 1 pupil Savannah Robertson, 6, right, discovers a shoelace problem as she follows Robert McCaffrey, 6, to the Forest Avenue School bus on Puritan Drive, GMH Military Housing, last Tuesday morning for the first day of school in Middletown.



Juniper tries oil skimming

The Coast Guard cutter Juniper practices deploying its Spilled Oil Recovery system on Narragansett Bay.

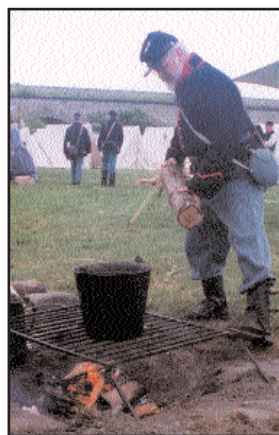
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NEX to salute housekeepers

Navy Exchanges worldwide plan special events to recognize International Housekeepers Week, Sept. 9 - 15.

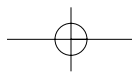
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Fort to stage Civil War era

Reenactors, mock battles and encampments will recreate the Civil War era at Fort Adams this weekend.

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Coast Guard cutter Juniper crewmen deploy the ship's Spilled Oil Recovery (SOR) system during an exercise in Narragansett Bay.

Juniper tests oil skimmer

FN CYNTHIA BECKERT
USCG cutter Juniper

With a “sea slug” cradled against her port side, the Coast Guard cutter Juniper crept away from her homeport at Naval Station Newport, and moved slowly into Narragansett Bay.

Once positioned just north of the Newport Pell Bridge, the buoy tender's crew prepared to test her Spilled Oil Recovery System (SORS) which ensures the efficient and effectual response to an environmental mishap. The crew had spent two days prior to the operation attending training and learn-

ing to set up and use the SORS equipment.

Sixteen Coast Guard cutters, all buoy-tenders, are equipped with the system and with a qualified crew, are able to react and respond to an emergency within an hour of the report. The SORS uses five segments that work together to collect and remove any oil or hazardous material spilled into the water.

A 42-foot metal outrigger arm is stretched out off the buoy deck, and the V-shaped fast sweep boom trailing behind it contains the oil so that it can be skimmed and then removed from the water

with the integral Auger pump. The oil is pumped into the “sea slug,” a 26,400 gallon capacity cylindrical storage bladder, for disposal later.

Although it was just for training purposes, the day proved to be very worthwhile. Damage Controlman 1st class Paul Grunwaldt said, “The training was fundamental for the education of the crew for rapid response of an oil spill.” In addition to pollution response, Juniper's multi-mission capability includes ice-breaking, aid to navigation, search and rescue, and law enforcement.

Online assessment may avert suicides

By NHCNE Newport

Did you know that suicide is the third leading cause of death among Americans between the ages of 15 and 24, and the second leading cause of death among those between the ages of 25 and 34?

Sadly, 70 percent of people who die by suicide tell someone about it in advance, and most are not in treatment. Alcohol consumption plays a role in about 50 percent of suicides, and 20 to 40 percent of people who die by suicide have made previous attempts.

Suicide is preventable and recognizing that there is a problem is the first step to getting help.

As part of Suicide Prevention Week, Sept. 9 to 15, and throughout the entire year, the Department of Defense offers service members and their families the opportunity to take anonymous online or

telephone mental health self-assessments for depression and other related disorders.

The Mental Health Self-Assessment Program (MHSAP) is designed to help families and service personnel identify their own symptoms and access assistance before a problem becomes serious.

The tests available address depression, bipolar disorder, generalized anxiety disorder, post-traumatic stress disorder and alcohol use. After an individual completes a self-assessment, she or he is provided with referral information including services provided through the Department of Defense and Veterans Affairs.

To access the anonymous self-assessments, visit www.MilitaryMentalHealth.org or visit the Naval Health Clinic New England website <http://nhcne.med.navy.mil> for a link, or call (877) 877-3647.

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